

ENAIIP-Oral History Projects

- Specifically focused on **Italian immigration** after the Second World War
- It consisted in gathering **personal life history** interviews
- The average age of the **participants** was over 50
- The interviews concerned mainly the **migration process** of the participants

Nevertheless:

From their narratives a few interesting points related to the **issue of active ageing** emerged

Post-retirement activities: migrant associations

The role played by **migrant associations** in involving their own members in active ageing processes and **post-retirement activities**

- The interviewees have often shown a high degree of involvement in social activities after their retirement, mainly within organisations they already belonged to such as ACLI or such as regional associations: Fogolar Furlan, Circoli Of Emilia Romagna, etc.

'I have done a lot for Italian people, not only with the Acli... even the Italian Consul used to call me sometimes: "There is and Italian... he doesn't speak English and he would like to have a chat with someone, would you?". We arranged a meeting [...] I used to bring them at home to have a chat and my wife used to cook a nice meal' (Nicesio Fantini)

Post-retirement activities:

Direct participation into projects

- The projects themselves have allowed the **participants** to play an active and protagonist role since they were both **object** and **subject** of the **researches**
- These experiences have, in many cases, continued for some of them who found themselves **directly involved** in a network of projects: they become point of reference for many researches and researchers. Some of the participants are in fact **taking part in many different projects**.
- For instance a small group of them participated to the final conference of the project in Rome having the opportunity to **directly enter the network** and contributing with their own active participation

In Brief

- The **psychological aspects have to be taken into account** during the period of transition from work into retirement
- The attitude of **migrant associations** to involve their own retired members into activities and projects can be considered as a **good practice** for an **effective active ageing**
- Projects addressing elderly retired people should always **make them participating** and give them the opportunity to bring their own **skills and wisdom** into the project itself